

GEOPATHIC STRESS – IS IT CAUSING YOU A PROBLEM?



In the January edition we spoke to local homeopath Alison Wilding about her clinic in Fairfield Park and the time she spent working as a volunteer

homeopath in Africa. This month, we asked her about another, more unusual aspect of her work – earth energy healing.

We've all had the experience of walking into a building and feeling uplifted and energised. We've also experienced its opposite - going somewhere and sensing a sinking feeling, knowing instinctively that something's wrong. Suppose the place with the sinking feeling is your home or business premises. How might that affect the quality of your life or the performance of your business? More to the point, what can you do about it?

It's referred to as geopathic stress, or negative earth energies. The earth being magnetic, it emits a natural radiation. This may become distorted as a result of electromagnetic fields created by underground water, mineral concentrations, fault lines and cavities – and geopathic stress is the result.

- Do you feel unsettled in your home for no apparent reason?
- Do you feel fine when you're away yet experience a dip in your energy levels when you arrive home?
- Are there areas of your house you can't bear to spend time in?

- Does your cat regularly sit in an unusual place?
 - Do you suffer from tiredness, lethargy, fatigue, insomnia, poor concentration or infertility?
 - Have you or has a member of your family become ill, or your relationship deteriorated since moving to your current home?
 - Are you aware of other presences which you experience as unhelpful or uncomfortable?
 - Is your house on the market and not selling?
 - Do you have a high staff turnover, or are your staff constantly going off sick?
 - Are there areas in your business premises where staff don't want to work or where a lot of accidents or arguments occur?
- If you answered Yes to any of these questions, then geopathic stress may be causing you a problem. The good news is that it is nearly always possible to correct any imbalances. Alison works from a floor plan of your property and any correction is carried out remotely without the need for a visit. Call Alison on 01225 870198 or visit www.alisonwilding.co.uk for more information.

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